

# CHAMPOEG PARK DUATHLON

9:00AM SUNDAY,  
APRIL 22, 2007

**5K RUN, 30K BIKE, 5K RUN**

**INDIVIDUALS & TEAMS**

**ROAD BIKE OR MOUNTAIN BIKE**

**CHAMPOEG STATE  
HERITAGE AREA**

**I-5 EXIT #278, 7 MILES SO. OF  
WILSONVILLE; FOLLOW SIGNS  
WEST TO PARK (APPR. 5 MILES)**

(Start is at Oak Grove Day Use Area)

Entry details, online registration link at  
[www. Eventmgnt.com](http://www.Eventmgnt.com). Click "EVENTS"



## ENTRY FEE

**Individual, by 4/16 \$55 after 4/16 \$65**  
(USAT members: deduct \$10 from above fees,  
but current USAT card copy must be with mailed  
entries or shown at packet pickup for discount to  
apply)

**Team, by 4/16 \$80 after 4/16 \$100**

## COURSE

**Run:** two 5K loops before & after bike, flat  
Champoeg Park roads & path

**Bike:** from park, out & back on French Prairie  
Road

Split times recorded for each event phase  
(transition time in bike phase)

## AWARDS

**Individual: Road Bikes** Top Open M/F overall,  
Masters M/F, Clydesdales/Athena, plus 3 deep in  
age groups. **Mtn Bikes** Top 3 Open & 1st Mas-  
ters M/F.

**Teams:** Top Male, Female, Mixed &  
Mountain Bike teams (any ages)

## INDIVIDUAL AGE GROUPS

14 & UND, 15-19, 20-24, 25-29, 30-34, 35-39,  
40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74,  
74 & OV

## REGISTRATION

**Online:** At [www.eventmgnt.com](http://www.eventmgnt.com),  
Click "Events"; scroll to event on list

**Send Mail-In Entries to:** EventMgmt.com  
13075 SW Walker Rd, Beaverton, OR 97005

**Race day:** on-site available from 7:30-8:30AM

**All USAT rules apply.**

**Violators will be disqualified.**

Wear CPSC approved helmets, keep chinstrap  
secured; no bike drafting, always display sports-  
manlike conduct; check map provided and know  
the race course beforehand, make sure your race  
# is always visible; ride on the right side of lane,  
keep 3 lengths distance except when passing,  
pass on the left, complete pass within 15 seconds,  
(if passed, drop 3 lengths back before attempting  
to re-pass), dismount bike at "DISMOUNT BIKES  
HERE" sign prior to entering transition area.

**Obey event referees and course marshals.**

# CHAMPOEG PARK DUATHLON SUNDAY, APRIL 22, 2007

Individual  Road bike  Mountain Bike

If current USAT member, deduct \$10 from entry.

If not, your one day \$10 fee will be sent to USAT.

USAT # \_\_\_\_\_ Exp Date \_\_\_\_/\_\_\_\_/\_\_\_\_

(send photo of USAT card with mailed entry)

**Teams: attach another form with teammate info**

Team: Runner  or Biker

Class: Male  Female  Mixed  Mtn Bk

Team Name \_\_\_\_\_

Teammate Name (s) \_\_\_\_\_

NAME \_\_\_\_\_ M/F \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_

DATE OF BIRTH \_\_\_\_/\_\_\_\_/\_\_\_\_ AGE \_\_\_\_\_

DAYTIME PHONE (\_\_\_\_) \_\_\_\_\_-\_\_\_\_

E-MAIL \_\_\_\_\_

DRI-REL SHIRT: S  M  L  XL  (+\$2 for XXL )

AMOUNT PAID \$ \_\_\_\_\_

PAID BY CHECK  OR VISA, M/C, AMEX

CARD # \_\_\_\_\_ Exp \_\_\_\_/\_\_\_\_

**RELEASE:** In consideration of my entry, I, for myself, my heirs,  
executors and assigns, waive, release and discharge any and  
all rights, claims or damages against EVENTMGNT.COM, and  
all participating sponsors and directors, volunteers, employees  
or agents of such for all claims, demands, actions, or causes  
incident to my event participation. I attest and verify that I have  
full knowledge of the risks involved in this race, that I assume  
those risks, that I will assume and pay my own medical and  
emergency expenses in the event of an accident, illness or other  
incapacity, that I am physically fit and sufficiently trained to par-  
ticipate in this race, that my entry fee is non-refundable, and that  
I have read and understand this waiver.

NAME (parent, if under age 18)

DATE



EVENTMGNT.COM