

The Race Course



The swim:
50 yards or
100 yards



The Bike:
1 mile or
2 miles

Helmets
required!



The Run:
1/2 mile or
1 mile

Course adjusted
for age!

Compete with
7-to-9-year-olds
or
10-to-12-year-olds



Third Annual



HABITAT KIDS

TRIATHLON

Saturday, Aug. 14, 2004

9:00 am

Lynch Field

Route 119 N.
Greensburg



All Proceeds benefit
Central Westmoreland
Habitat for Humanity



Registration

Entry Fee:
\$15

Payable in
advance or
on race day
Registration

opens at 8:15 AM
Register online at
www.active.com



Prizes

1st, 2nd
and 3rd
place
for every
age boy
and girl



Post Race Party:
Refreshments,
Music, T-Shirts,
Awards and Door
Prizes!!

Habitat for Humanity is dedicated to providing safe, decent shelter to partner families.

To learn more about the work of the Central Westmoreland Habitat affiliate
or request a triathlon registration form, call **724-523-0308**.