

Central Westmoreland  
Habitat for Humanity



**Third  
Annual**



**HABITAT KIDS**

**TRIATHLON**

**Saturday,  
Aug. 14, 2004  
9:00am  
Lynch Field  
Route 119 N.  
Greensburg, PA 15601**

All Proceeds benefit  
Central Westmoreland  
Habitat for Humanity

[www.centralwestmorelandhfh.org](http://www.centralwestmorelandhfh.org)



Central Westmoreland Habitat for Humanity  
PO Box 516  
Greensburg, PA 15601-0516

Non-Profit  
Organization  
U.S. Postage  
PAID  
Permit No. 169  
Greensburg, PA  
15601

In the consideration of the acceptance of this entry in the Lynch Field Triathlon for Kids to be held August 14, 2004, I, the undersigned parent or guardian, intending to be legally bound, do hereby for myself and others, my heirs, executors and administrators, waive, release and forever discharge any and all damages which may be sustained or suffered by my child in connection with this race. I also attest that, to the best of my knowledge, my child's physical condition and fitness are adequate for him or her to safely compete in this triathlon and that no physician or qualified individual has advised him or her against competing.

Signature of participant \_\_\_\_\_ Date \_\_\_\_\_

Signature of parent/guardian \_\_\_\_\_ Date \_\_\_\_\_



**Registration Form**

\*Detach and return by Aug. 6, 2004

\*Enclose Entry fee

\*Sign waiver on reverse

Name: \_\_\_\_\_

Address: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Sex: \_\_\_\_\_ Phone #: \_\_\_\_\_

Age on race day: \_\_\_\_\_ T-Shirt size (circle one): Child's M L XL Adult S

\*\*\*All participants and parents or guardians must sign waiver on reverse.

\*\*\*Mail completed form to: CENTRAL WESTMORELAND HABITAT FOR HUMANITY, PO BOX 516, GREENSBURG, PA 15601

\*\*\*Make checks payable to: CENTRAL WESTMORELAND HABITAT FOR HUMANITY



**The Race Course  
Ages 7-8-9**



**The swim:**  
50 yards



**The Bike:**  
1 mile-  
Helmets required



**The Run:**  
1/2 Mile

**Ages 10-11-12**

**The Swim:**  
100 yards



**The Bike:**  
2 Miles -  
Helmets required



**The Run:**  
1 mile



**Post Race Party:**  
Refreshments, Music, T-Shirts,  
Awards and Door Prizes!!



**Registration**

Entry Fee: \$15.00  
Payable in advance or on race day  
Registration opens at 8:15 AM  
Register online at [www.active.com](http://www.active.com)

**Prizes**

1st, 2nd and 3rd place  
for every age boy and girl

**Directions:**

Lynch Field is located just off  
Route 119 North of Greensburg.  
Report to the parking lot



Habitat for Humanity is dedicated  
to providing safe, decent shelter to  
partner families. To learn more  
about the work of the Central  
Westmoreland Habitat affiliate,  
call 724-523-0308.